



Food = Medicine

Access to Food and Nutrition Services for Severely Ill Individuals Achieves the Triple Aim of National Healthcare Reform

1

Better Health Outcomes



Proper nutrition leads to better health outcomes for people with severe and chronic illness.

Malnourished patients have:



MORE
Missed Doctors Visits



3X LONGER
Hospital Stays



3X HIGHER
Inpatient Costs



2X MORE LIKELY
Rehospitalization

2

Lower Cost of Care



National research shows that nourished patients save up to \$12,000 per person/month.

Invest in Health

Food and nutrition helps patients stay healthy and at home at a fraction of the cost.



< \$20/DAY
Medically Tailored Meals



\$2,100/DAY
Emergency Room

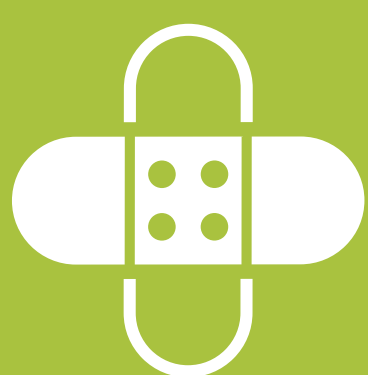


UP TO \$4,000/DAY
Hospital Stay

Research on local impact is being conducted in partnership with CIVHC

3

Improved Patient Satisfaction



Individuals overwhelmingly report that food and nutrition helps them:



Decrease Stress



Better Afford Healthcare



Manage Medical Treatment Better



Live More Independently

Medical Adherence



1/3 OF INDIVIDUALS

Routinely forgo filling prescriptions in order to feed themselves and their families.

People who are food secure better adhere to their medications.

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