



## Guidelines for Decorating Meal Bags

Project Angel Heart prepares and delivers meals to neighbors living with severe illnesses such as cancer, heart failure, and renal disease. Many live alone and have little opportunity to visit with people. By decorating meal delivery bags, volunteers help remind our clients they are appreciated and loved! Volunteers can check out bags for up to **three weeks**.

Please pick up/return at one of the following locations:

Denver Office	Colorado Springs	Pueblo (Care & Share)
4950 Washington St	1625 W Uintah St # 1	100 Greenhorn Dr
Denver, 80216	Colorado Springs, 80904	Pueblo, 81004
8am-4:30pm Mon-Fri	9am-1pm; 2-4pm Wed	8-9am Sat
9am-3pm Sat	1-3pm Sat	303.407.9451
303.830.0202	303.407.9423	

### Things to do:

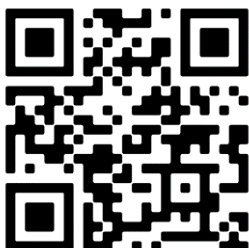
- Draw a cheerful design or picture like animals, landscapes, cars, sceneries, mountains, horses, buildings, smiles, stars, the sun, etc.
- Wash your hands or use hand sanitizer before decorating.
- Use crayons or markers. Use crayons on one side only and lightly so they do not smear.
- Feel free to write your personal name and age on the bags.
- Have fun being creative! 😊 If you make a mistake, make something new out of it!

### PLEASE avoid the following:

- DO NOT pick up, decorate, or drop off bags if you are sick.
- DO NOT write messages or words of any kind.
- DO NOT write "Project Angel Heart" or duplicate our logo.
- DO NOT draw specific holiday or religious pictures such as crosses, angels, menorahs, Christmas trees, Santa, etc.
- DO NOT use glitter, pastels, chalk, tempera paints, or other materials that may rub off.
- DO NOT use stickers.
- DO NOT glue or tape anything to the bag.
- DO NOT write a business or organization name on the bags.

### FINISHED DECORATING?

- Once you are finished decorating and are ready to return the bags, please fill out our volunteer form to receive credit for your hours <https://forms.gle/MxUD3sVNLNqzTvGT8> or scan the QR code below to complete the form. Return the bags to the Project Angel Heart office.



If you are interested in sponsorship opportunities, please contact Caleigh Isaacks at [clsacks@projectangelheart.org](mailto:clsacks@projectangelheart.org) or 303-407-9447 or Hayley Suppes at [hsuppes@projectangelheart.org](mailto:hsuppes@projectangelheart.org) or 303-407-9446

**THANK YOU!**

[www.projectangelheart.org](http://www.projectangelheart.org)